



The Animal
Healing Centre



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2015 January Newsletter



Hello everyone,

I hope all of you and your animals had an awesome and safe festive season and that 2015 brings only the best of everything to all of you. This is the year for all our dreams to come true.

2014 was a year of ending of old cycles and the starting of new ones. It was an extremely difficult year for most of us and made us focus on ourselves on a very deep level. A level that most of us were not comfortable focusing on. It was a year of preparation for the year ahead. It was a year to let go of the past and not hold onto or get stuck on any situations we might have faced.

2015 is going to be a year of great promise filled with magic. It will be the year for total empowerment, forgiveness and healing. I have always believed that the greatest gift you could ever give anyone is the gift of empowerment.

Although you might feel a little unsettled and things might not start off as you hoped, this is just as a result of the energy surrounding 2014 busy clearing.

Let's keep our minds clear so that we can be totally open to the magic around us.

Always remember that our energy directly affect the animals living with us so in order for them to have the best of health, happiness and love it is vital that we create an energy around ourselves that will benefit our animal families.

Our visit to Husky Rescue

The crossing of Riff-Raff before Christmas was so devastating. However I have been feeling him all around me all the time and even notice his spirit coming through in behaviour of the other animals at times. I have been asking him that when the time is right to please send me the right puppy that will fit into our family just as he did when he arrived all those years ago.

Well true to form Raff came through for me. In the week between Christmas and New Year I suddenly had such a strong feeling to go and visit Joanne at the Husky Rescue. I hadn't been to visit the centre since they moved to their new property over a year ago.

As most of you know, I NEVER ignore my intuitive feelings. So Alan and I went off the next day to visit Joanne.

We had such an awesome time. Joanne and her team are doing such an amazing job with all the rescue huskies. Here are a few of the photographs we took while we were there.



Appeal



This little "Chow" above is just so sweet. Extremely lovable and sociable. Joanne told us that every year around December they pick up a dog that is not a husky (A special circumstances dog) which they always name "Santa" This little Santa is a three year old male. He is very lovable to all other dogs and people but we just don't know how he is with cats.

He has always lived in a house with an elderly man and another dog companion. The elderly man had to be moved into frail care and couldn't take his dogs. Unfortunately the other dog "Shar Pei" was quite aggressive and had to be put down as they didn't think he would be able to be re-homed but Santa was lucky enough to end up at the Husky Rescue Centre.

If anyone would like to give this special and sensitive boy a home please contact Joanne on 082 851 9576

Please note that the mother of my new puppy (Sheila) is also at the husky centre waiting for someone to adopt her.

Welcome to the new puppy

Now here's the thing. While we were chatting with Joanne I asked her if she ever got in puppies. She told me that the puppies always go to foster homes rather than the centre itself. They did have six seven week old puppies in a foster home in Discovery. I mentioned that I was thinking about getting a puppy but I would really like a male. She told me that the litter they had (mother included) had six puppies "five girls and one boy" however the boy had already been booked.

I decided to go and look at them anyway. They were all SO cute and the mom was extremely sweet. The mother is a husky and the father a border collie. So hopefully we will end up with a husky that actually "listens"

When we got home I received a phone call saying the little boy was available for ME. Riff Raff had put all the things in play so that I could get my little boy that would fit into my family perfectly. Thank you Raff for this amazing gift.



We went and picked up our amazing puppy a week later when he turned eight weeks old. (It is never a good idea to take a puppy away from its mother before eight weeks old).

Gabriel is his name. The minute he walked into the house is just settled in straight away. Stacy has assumed the role of "mommy" dog while Isis has become his big sister. Even Rikki and Thirty (the cats) have accepted him and spend a lot of time following him around the garden.

Welcome home Gabriel. All of us are SO looking forward to watching your development, spending time playing with you and just experiencing your amazing energy. We know that Raff guided us to you for a reason. The unfolding of this reason is going to be such an experience to watch. I have already noticed some elements of Raff's spirit coming through you. I know that you are not him and that you are your own special puppy but I also know that Raff is making sure that I know that he is with all of us and this he does by helping us recognise his presence in you.

Lost animals

As usual the festive season has led to SO many lost animals. Especially due to fire- works. There is such a shortage of good trackers so if anyone is keen to help with the tracking of lost animals please let me know so that we can refer people to you if necessary.

Next workshop

Talking of "tracking" I am starting 2015 with a level two workshop where we will be focusing on tracking lost animals and intuitive medical body scanning. This workshop will be held in Benoni and The Animal Health & Hydro Centre. So if there is anyone who wants to help with tracking's but has not yet completed the level two, now is your chance. It will also be a good idea to do a refresher workshop for some of you who might want to take your communication further but are still lacking some confidence.

For all the information on this workshop please see the poster attached.

Due to the fact that not all the animals have arrived yet at Panthera in the Cape, we have had to postpone the two day workshop working with the wild animals that was set for mid February 2015. However we will be running this workshop so please watch this space.

Congratulations

A huge big congratulations to Laverne. She has been helping handle some of my consultations me for a few years now every time I am away. And now she has taken a huge step and gone into communication full time. Her details are Laverne.hyman@gmail.com Well done Laverne. I wish you all the best with your full time career as an animal communicator (whisperer) I just know that you are going to do an amazing job. You already are!!!

The next person I want to congratulate is Sammy, her family and her animals. They packed up all their belongings and moved to the Cape to follow their dreams and start a whole new chapter in their lives. Every time I try to call Sammy and don't get an answer I picture her walking down the beach and I am SO envious.

Good luck Sammy with all your new plans. I can't wait to come and visit you in the next couple of months.

Sammy will still be helping me with website enquiries and updates and she will also be helping me with the organising of certain workshops in the Cape.

Earth Energies (by Sammy)

Thank you Jenny and congratulations to you for the next stage in your journey with Gabe. Welcome Gabriel, you are with the most awesome family this lifetime (and perhaps you have been with them in lifetimes before as well) and I wish you a long, happy, fulfilling life with Jenny and the crew. I look forward to seeing how your particular destiny unfolds and the impact you will have on humans. Blessings to you.



As Jenny mentioned, I have moved from Gauteng to Gansbaai in the Western Cape, but will still be helping Jenny. The move is also allowing me to expand my animal communication and reiki healing practice and I look forward to meeting new animals and humans and helping them all heal and connect with their inner wisdom and beauty.

I would like to share with you something that a dog told me during a consultation late last year that opened up a whole new perspective of thinking for me. The dog was battling with some health issues and while I was doing a distant reiki session on him to help him with his



health, it came through that every spot on the earth is affected by strong emotions or events that occur on that spot. There is an energy field within and around the earth that interacts with our own energy field, and when an event takes place that is full of strong emotions, these strong emotions

alter the energy field of that place. Events like battles, wars, ongoing conflicts of any kind, due to the strong emotions of anger, resentment, arrogance, hatred etc. that are raised within such an event, become embedded in the energy field of that place. Happy events filled with joy and laughter also effect the energy field, though not to the same extent as negative emotions, as these happy emotions are not felt “to the core” as much as anger and fear often are (though if happy events and events of respect and honour are conducted repeatedly in place, the longer term effects are more powerful). Dogs and cats, and the other animals around us, are working constantly to balance out the energies of the earth (as are we humans on a subconscious level). The health problems that this dog was experiencing were the physical manifestation of what had happened on the earth in the spot that he was residing. With this knowledge, I finished the healing session by teaching him how to protect himself and channel the energy so that it doesn’t affect his health as much, and gave his human some healing tools and suggestions to work with clearing the earth in a more powerful, conscious manner. After the consultation, I did some research and discovered that battles were fought in that area during the Boer War.

How to use this information to benefit yourself and your animals is what I hope to share with you. The last few years have been really stressful for many people, and many people are feeling the effects of stress... exhaustion, fatigue, insomnia, worry, fear, anxiety etc. If you, your family, and your animal friends are suffering any form of allergies, digestive complaints, fear or anxiety, feeling out of sorts, perhaps these few steps may help create an environment of healing, or at the very least minimise the impact the energy imprint of the earth around you may be having on you.

Work with crystals – get hold of some crystals, quartz crystals are great (clear quartz, rose quartz etc.) or amethyst. Small, big, tumbled or raw, any crystal will help. Get enough that you can spread around your environment.

Hold them in your hands under running water, holding a mental picture of all previous energies running out of the crystals and away with the water.

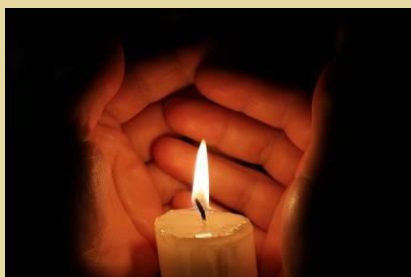
After a few minutes, stop the water and hold the crystals in your hands, with the mental image of clear, healing light pouring into them (any colour that comes to mind for you, or picture golden white light) and then charge the crystals with a task.



To do this, pray over the crystals, asking that the crystals work to clear the energies of the earth in your environment and attract to themselves and your environment only energies of the highest and clearest vibration in the universe.

Then place the crystals around your home and garden.

Remember to repeat this process once a month or every two months and over time this will clear and re-invigorate the energies of the earth around your home, and will ease the amount of subconscious energy work you and your family and animals are doing.



Once a week, once a day, once a month... light a candle while focusing on love, compassion, kindness and beauty.

To do this, I think of something that makes me go “aaaaw” (a cute little puppy) or something that gives me good goosebumps (like sitting under an ancient tree).

I hold that feeling while lighting the candle and then I sit for

between 2 and 5 minutes, just watching the flame and keeping my focus on my breath moving in and out of my body.

These tools are very simple but contain three important ingredients... intent and focus and action. These three ingredients are the cornerstone of manifestation.



My wish for you for 2015... that this year brings you the manifestation of your deepest desires, your highest vision, your greatest wishes and your divinely guided intention.

In love and light

Sammy

In Closing

Please note: As from 1st March 2015 the cost of a photograph reading will be R480.00.

We apologise for this increase but we do try as much as possible to keep the costs down for as long as possible and raise them only every two years.

Until next time

Jenny, Sammy and the animals

