



Conversations with animals

By Jenny Shone

It was early evening. The sun was setting and there was a beautiful golden glow rising up over the horizon. I sat on the bench under a tree in my garden and watched this beautiful sun set. A couple of my closest friends sat with me. The three of us sat there soaking up this stunning beauty of nature. I was happy to share this moment with my two best friends in the whole world and they were happy to be there with me.

“It is such a pity that not more people get to appreciate this peaceful beauty nature has to offer us” one of my friends said. “Yes, replied the other friend, most people are so busy and absorbed in their own stressful lives that they take it all for granted and don’t even notice it”. I asked these two special fiends, what made them such experts? They thought for a while before answering.

“We have been observing many different people for a long time now and have noticed that although it is very necessary to work and make money to support their families, they have forgotten to have fun and play. If you can’t have fun and play from time to time, your life will become a battlefield for stress, tension and anxiety.

There is so much pain and anger in the world that most people cant see the beauty. Their world is clouded with stress, grief, pain and worst of all anger. Most people are so busy focusing on the negative things in life such as the crime that they don’t see the beauty or positive things going on around them all the time.

This world really has so much to offer us, if we would only take the time to notice it. Like this magnificent sunset. We tend to sink deeper and deeper into our depression forming a dark cloud around us, making it impossible to see clearly. If we give as much time to thinking of the positive things in life and get more in touch with nature. Thinking less of the negative and stressful side of life, good things will start happening to us. We will start to appreciate the beauty the world has to offer us, we will start to heal our emotional self and start living a prosperous and healthy life”.

This was a conversation I was having with my two Siberian Huskies. Such wisdom coming from my canine friends.

Telepathic communication is an ability we are all born with but as we get older we start to lose this ability. Family and friends start saying to us, “Don’t be silly, animals cant talk to you.” And slowly we start to form blockages and our telepathic abilities start to shut down.

In our every day lives we are conditioned to analyse and make sense of everything we do. If we can't see it, it doesn't exist. If we can't feel it, it isn't there. If we can't hear it and so on! These are all left-brain activities.

Our left brain is our analytical side.

We spend so much time exercising our left-brain that we forget all about our right brain. Our right brain is where our intuition lies. Think of it as a muscle that we haven't used for a long time. It becomes weak. We need to exercise it to make it strong again. Once we start using our right brain more and tapping in to our intuitive side, it becomes stronger and we can start to access our intuition and our telepathic abilities.

One of the most important aspects of telepathic communication, and sometimes the most difficult, is to quieten your mind. If you have a very busy and active mind, the animal you are communicating with gets a busy signal. They will always hear you, but will be confused. If your mind is very busy it will also prevent you from hearing the animals.

This is because when you communicate with an animal you don't hear words coming from the animal. The messages come from within you. They come in pictures almost like watching a movie playing in your head. They come through as thoughts, which the animal puts in your mind and feelings and sensations you feel in your body.

Here is a short example of how our words form pictures in our minds that our animals pick up.

By asking your dog to "STOP DIGGING" The picture in YOUR mind is of the dog digging and this will be what he responds to. It would be much better to change the subject and say "Lets go and play with your ball" The picture in your mind will then be of him playing with the ball and this will be what he reads.

Picture yourself walking up to an animal you don't know and sitting down next to him/her. Suddenly you get such a feeling of anxiety. You silently ask the animal, why are you feeling anxious? Suddenly a thought comes to your mind. There is tension in this animal's home. You ask, what is this tension? You close your eyes to shut out the outside world. And a movie starts playing in your mind. You see a family all shouting at each other. Lots of chaos and noise. You are seeing, hearing and feeling exactly what this animal is experiencing. This is how telepathic communication works. If you can find out what the animals in your life are experiencing, you can help reassure them and help them process their stress and anxiety out of their system making them much healthier and happier animals.

This form of communication is not restricted to domestic animals but is just as effective with wild animals. There is a difference communicating with wild animals as opposed to domestic animals.

The domestic animal has integrated and adapted extremely well to our human way of life. They have largely become contaminated by our energies and the stresses we place on ourselves which they pick up from living so closely with us.

Their experiences of their environment are VERY different from the way we experience the environment. Their senses are extremely heightened compared to us humans. Their hearing is so much sharper, their sense of smell is unbelievable and their understanding of us is astronomical. We certainly don't give them enough credit.

Because of their unconditional love towards us they live happily with us and constantly communicate with us even though most of us don't realise this and just keep plodding along in our lives.

When communicating with a wild animal the technique stays the same. The difference comes in the questions you would ask and the answers you might get.

Wild animals have not had the same exposure to humans as domestic animals have. Therefore they have not been contaminated by our energies and are very much still connected to the planet. They have a raw yet extremely powerful energy.

To be able to communicate telepathically with a wild animal is a real privilege. Just because you are an experienced animal communicator doesn't mean a wild animal WILL communicate with you and it certainly doesn't mean that because you can talk to a wild animal that you can sit or walk with them. They are still wild animals and still have their wild instincts. Safety and respect is of the utmost importance when connecting with wild animals.

In this next story I am going to show you how animals can actually predict their futures.

It was towards the end of 2006 and I was sitting in my car next to a huge lion. This lion had become not only my friend but also my teacher. I had spent about two years visiting him regularly and communicating with him on a very spiritual level.

On this particular day as I sat next to him just enjoying being with him, he suddenly started chatting to me. He said to me that he was going to be moving to a new Game Farm and he was ready for this move (he had obviously heard the rangers talking) He went on to say that before the end of the year he would be bitten by a snake. He then showed me a picture of himself getting bitten by a snake. This was how he was going to cross over.

I found this information very stressful. He was my friend and I didn't want to lose him. I mentioned what my lion friend had just told me to a friend of mine who was with me at the time. We sat there for a little while longer contemplating this message I had just received from this magnificent animal before going off and pushing it out of my mind.

A few weeks later my lion friend was moved to a new farm. He was on this new Game Farm for only two months, when as he had said, just before the end of the year he was bitten by a snake. He was ready he had told me and this was his choice. I felt sad at his loss but also honoured that he had shared this moment with me three months before it had actually happened.

Before you go off to your hectic life, please give this a thought. We get animals into our lives and expect them to automatically understand us and know what we are saying all the time. We expect them to play by our rules. Yes! We do love them but at the same time want to control them. Have you ever thought of meeting them half way? Respect their wishes, They are individuals with minds of their own. Take the time to find out exactly what their wishes are. Take the first step and exercise this muscle that has gone to sleep. Start working your right brain and tap into your intuition. There is no better feeling in the world than to sit in your garden with your animal friends and chat about the sunset.

The next time you are faced with a dog that terrifies you – please stop and ask this dog

“What are you so afraid of? How can I help you?”