



NEWSLETTER - July 2011

14th Aug - Basic Telepathic
Communication Workshop in
Centurion - Book NOW!



Hello Everyone!

It is GREAT to be busy at my computer while the sun is beating down on my back. I just love sunny winter days. Hopefully the cold is a thing of the past?

This half of the year is our travelling half. We have some really special workshops planned. The elephant experience that Sammy speaks about later in this newsletter is an experience

not to be missed.

Over the past few years I have held this workshop with the Ellies a number of times and always come home humbled and in total awe of these amazing and gentle beasts. I can assure it is a life changing experience.

Jafta's Lesson to others

I must share with you this stunning story. Jafta has been working for me for many years now and finally I managed to organize to take him to the workshop that we recently held at the Johannesburg zoo.

Because he works so closely with me and the animals, he already has a deep understanding of how the communication works and how important it is to the animals as well as the humans. During the zoo workshop he did SO well with all his communications and was so excited to have been part of the workshop.



Jafta spent the week after the workshop with his pen and paper communicating with the animals (starting with Merri the pig) and getting information for the website as well as the book I am busy writing. (Watch the website for Jafta's conversation with Merri)

On his last visit home to Tzaneen he was telling me about a vicious dog. Every time anyone walked past a particular house the dog would run out and bite them.

They would then throw stones at this dog making matters much worse. Jafta has taken it upon himself to educate the people in his home town about why animals do the things they do and why they seem vicious at times.

He told them that by throwing stones they were scaring the dog and all it was doing was protecting itself. He asked them how THEY would feel if someone kept throwing stones at them? How would they react and what would they do. Especially if they didn't speak the language and couldn't understand why stones were being thrown at them.

The next day everyone was SO impressed because on their way passed this home they saw Jafta. He was sitting in the garden brushing this vicious dog. The dog was loving it and so was Jafta.

He has now earned the respect of the entire Village which will make it a lot easier to educate them about the importance of animals and how they should always respect them.

I am so proud of Jafta. Well done Jafta. Keep up the good work!

Teaching by example is always better than teaching by lecturing. You can all be a part of the educating process. If you could start introducing the importance of the animals to your domestic workers it will go a long way to improving the condition and lives of the animals in the townships. Maybe they too could start educating the people they come into contact with. You could even bring your staff on one of our workshops. They too might walk around with pen and paper at hand to chat to your animals?

Like a pebble in a pond we can create ripples in the world of the animals. Who knows, people could become happier in themselves (with the animals help) and a lot of the unrest might even slow down? It's worth a try!!!

Jenny's UK trip

Now I have something VERY exciting on my plate to tell you about.

At the end of September I am going on a trip to the UK! I will be spending time at Monkey World in Dorset.



I have a very close friend living there. She and I were very close when she lived here but I haven't seen her since she moved to Monkey World almost a year ago. Now she has a foster baby to look after. She is so happy.

When I have finished visiting Monkey World my sister and brother inlaw will be picking me up to spend some time with them and their cat "Tanzy" who is busy writing a book about all his cat experiences. Watch this space for more on Tanzy's book...

Sandra and Mike are organizing to take me to meet the donkeys at the Donkey Sanctuary, the horses at the Horse Retirement home and the Birds of Prey Centre.

I will have SO much to tell you and so many photographs to show you when I get home from this trip. I can't wait to chat to all these amazing animals!!!

A Request

A percentage of every workshop we run goes to an animal charity of our choice. Please help us raise as much money as possible for these animals in need by promoting and supporting our workshops wherever you can.

We try to help the animals on many levels. We raise funds, which helps provide food. Communicate bringing emotional stability. Educate providing people with a much deeper understanding of the animals in their care. We also focus on healing the energy of the animals. This will benefit not only the animals but the humans as well.

Help us in our mission to help the animals.

Sammy's News



So much has been happening this winter. My intended winter hibernation and face-stuffing has led to a slower pace and wider girth, but not as much hibernation as I thought.

Attending the Masters in Communication workshop with Jenny in May led to some amazing and advanced inner work. I also attended a crystal healing workshop, which intensified and rounded off the whole process. As a result, some amazing coincidences and occurrences subsequently led me closer to fulfilling my highest vision for myself and for the future, which is to help humanity help the animals, by becoming more responsibly healthy, holistic and aware beings living in harmony with the earth and the animals.

Our website is in its final stages of being populated by yours truly, and I hope we will be able to go live within the next two to three weeks. It is looking fantastic and we are so excited about this, we see it as a new chapter for The Animal Healing Centre.

Primarily, we would like to see the website becoming a portal for information, services and products that will further our aims of improving animal care and the understanding of animals, both wild and domestic. So watch this space and we'll let you know when we go live. You are more than welcome to send us stories of your relationships with your animal friends, or of how an interaction with an animal changed your life in some way, or even how communicating with your animals makes you feel. We would love to share your stories on our website, so please feel free to share, even after we go live.

Welcome to Tammy

Tammy, who zoomed into our lives earlier this year, has brought a fresh injection of life, energy and zest to the tracking department, and to the team. She brings with her some experience in counselling, as well as the use of and love for the pendulum. She is bright, outgoing and a beautifully enlightened being and we welcome her with open arms and hearts.

Due to her experience and strengths, we felt it would be most suitable for her to take over the facilitation of the tracking department. I will continue to work in the tracking team as a tracker, and be the second contact for tracking's, but Tammy will take over the main facilitation of ensuring each tracking is sent out to the team, and will help with any queries and questions regarding tracking's.

Environmental Enrichment

My years with The Animal Healing Centre have seen me working with a surprisingly high number of cats. Loving cats as I do and having always had cats around me, I was not surprised and followed my "gut" to delve more deeply into cat behaviour and meeting cat's species-specific and instinctive needs.



As human's, we often feel that we are giving our animals all that they need. We give them shelter, food and affection. What we sometimes miss is that they, like us, sometimes need more than just that to feel fulfilled, happy and positive. Things like exercise, boundaries, and even, environmental enrichment. We often think of zoo animals, or dogs, when the words environmental enrichment, are mentioned. But I often find that cats, because of their quieter demeanour, less fussy approach to life, are often overlooked when it comes to meeting their needs for fulfilment.

It was while researching environmental enrichment for cats that I had a good laugh at myself. For years I would guiltily and surreptitiously leave glasses or bowls of water around the house for my cats to drink out of, because I could never rationalise or justify the actions to the rest of the humans in the house, it just felt right to do it. So when, during the course of my research, I read that cats enjoy drinking out of different glass containers, in different parts of their living environment, I thanked my cats profusely for communicating their needs to me so clearly, even before I was

conscious I could understand them! (Out of interest, the reason cats enjoy this quirky behaviour is instinct. In the wild, cats migrate to find water and drink from several different water sources. Many domestic cats don't really enjoy having their water readily available right next to their food bowls, as it takes away the sense of purpose and accomplishment they feel when they "find" their water somewhere else. Also, they enjoy drinking out of drinking glasses or glass bowls, because it is easier for them to see the meniscus, or the top, of the water and so are better able to judge where to start drinking).



I am writing an article for the website on environmental enrichment tools for cats and dogs, so if this is something you may like to incorporate into your daily life for the benefit of your animal friends, keep an eye out for the day we go live with the new website.

Holistic Health - body, mind and spirit

Often in my communication and healing work, I have longed to have a range of products available that could assist animals and people in achieving good health of body, mind and spirit. Sometimes the communication reveals a behaviour or affliction that could be improved or eased with a natural supplementary medicine. For example, a human with dry skin could use a cream or lotion to ease the itch whereas an animal often resorts to biting or rubbing which can leave unsightly bald marks. While the communication can help ease the emotional and spiritual side of things, sometimes a more physical approach is also required to support healing.

After doing the Master's workshop with Jenny, things just started to flow and I had the good fortune to get in touch with a range of essential oils and homeopathic products that perfectly suit my aim of helping animals achieve good health through supportive tools to aid the communication and healing work.

The pet range is called Earth Pets, is made with essential oils, and the specific blends include skin soothing, arthritis, travel ease, calming blend, ant-flea, among others. These are specifically for dogs. The homeopathic pet range can be used on cats as well as dogs, and includes, among other, pet allergies and skin disorders complex, pet grief and pining formula, pet separation anxiety formula, pet rescue and calming formula etc.



I'm so excited to have these available in my toolkit to assist in my communication work and healing, not to mention, for my own animals! I am using the earth pets skin soothing

blend on my own dog, Abby, who has very itchy skin and runs away from everything that I would like to put on her skin to ease the itch. On the second day of using the product on her back, she actually presented her rear end to me so that I could apply it to her back. I was most impressed that she admitted that it was quite nice and eased the itch quite a bit.

In addition, a range of crystal pendants specifically for dog's collars is also available, allowing one to attach a healing crystal such as rose quartz, clear quartz, moonstone, amethyst or rhodochrosite to the collar and so give the dog the healing benefits of crystals all day long.

Parrots



The increase in parrot tracking's a month back led me to question what their higher purpose in our lives might be. Tammy gave me the answer a few nights back, and it is that they work very closely with the sun's energies. How co-incidental I thought, as we are going through a time of high solar activity at the moment, with lots of solar flares and pulses being sent our way. The parrots are working to bring this energy into the earth and into humans, and helping to ease the transition. The sun's energy can be disruptive, with many humans warning of technological disruptions being a possibility due to the high solar activity, but the energy also brings with it wonderful healing and a chance to increase our collective vibration and remove old, stuck energies, thoughts and beliefs. So... have you hugged a bird today?

Next Workshops and Events

August and September are gearing up to be busy and wonderful months. Our Centurion workshop is going to be held on the 14th August, at the Palooza shop in Lyttelton.

After which we have a fundraising event on the 20th August, details to follow on our website.

September brings a privately hosted communication workshop in Randburg, as well as our Elephant experience in Plettenberg Bay. This is something we are so excited about, and urge you to join us if you can, for an experience of a lifetime. We will be spending the day working with the elephants at the Crags Elephant

sanctuary and will even be able to go on a walk with the elephants into the forest, hand-in-trunk, while practicing our communication skills on them. How awe-inspiring to be able to communicate that closely with an elephant! While we would love to offer a complete package, including travel and accommodation, we do not have the facilities to do so. We will be giving details of accommodation in the area, and an idea of the cost of air tickets for those who wish to budget. Entrance to the elephant sanctuary will be included in our workshop fee.

Email Sammy at Sammy@butlerworldwide.net / Sammy@animalhealing.co.za for more info and booking forms.

Until then...

Jenny Sammy

and the Animals