



June 2015 Newsletter

Hello everyone,

Animals and spirit guides

I thought I would start this newsletter off with a little information about animals and their spirit guides.

Just like every single one of us, the animals also have their own personal spirit guides. We don't only have one spirit guide and neither do the animals. We are all born with what I call "a gate keeper". This is the guide that is with us through our birth and will be with us when we cross to the other side. Throughout our lives, as we go through different phases of spiritual growth and experiences we get new guides joining us to help us through the next phase of our journey.

The animals are no different. The only difference is that they are far more aware of their spirit guides than we are of ours.

The minute we recognise all animals as spiritual beings and not just physical animals, they will start to grow and develop their own spiritual growth.

Our guides are not there to DO everything for us. Their purpose in our lives is to GUIDE us and this they will only do if we ASK them to help us. We need to treat our spirit guides as our friends. This means that it is not fair to always ask them to help us whenever we have a problem without giving them anything in return. It is about developing a friendship and building a relationship with them. Not forgetting to let them know on a regular basis how important they are to us and how much we appreciate them in our lives.

I often like to chat to my guides about things like the sunset, telling them how beautiful I think it is, and just enjoying nature knowing that they are there with me.

The animals regularly connect with their own spirit guides. Sometimes you might see your cat just sitting up and staring into space. (Possibly connecting with one of his/her guides?)

The animals are far more connected to the spirit realm and the universe than we give them credit for. How many people say "Where was my guide when I needed him?" Why doesn't he help me when I am going through such difficult times?" Have you ever thought that just maybe your guide has been trying to give you a signal but you have been too busy or too stressed to "feel" the guidance coming from him?

Wild animals living in the wild will always hear these subtle messages coming from their spirit guides and will very often respond to them. We often say, *"They instinctively know. Their instincts are so sharp. They know things long before they happen, an animal lives on instinct"* All these things are true. The guides work through pure instinct, feelings and emotions. Because the animals are so tuned in to their intuition they easily pick up the messages coming from their spirit guides (or unseen friends as I like to call them)

Our domestic animals are also just as intuitive but because they live and interact with us on a physical level, they take on a lot of our energies, concerns, fears and other negative emotions. For this reason although they are very connected to their guides sometimes they are also a little blocked and don't always pick up what their guides are telling them. The stress some animals go through in their lives also tends to create blockages in their energy fields. Their instinct and intuition is still there but it is just a little more difficult to access. However as soon as we recognise their true essence and see them as spiritual beings and not just animals, these blockages will start to drop away and they can then grow as the amazing spiritual beings that they are.

Animals also have "guardian angels" just as we do. Our guardian angels are no more important or less important than our spirit guides. They all have their own special and powerful importance and purpose in our lives and the lives of our animal companions including all the animals in the wild.

They are also there to help us and look out for us. However out of respect they will not make our decisions for us. Ultimately we are responsible for making our own decisions. All they will do is guide us so that we can possibly make better decisions.

It is all about having a human or animal experience and sometimes a human or animal experience is very difficult. Our guardian angels will also communicate with us through feelings and thoughts (often referred to as GUT Feeling)

The difference between a spirit guide and a guardian angel: A spirit guide is a soul who has shared a physical experience with us before and has decided to come back in this incarnation as one of our guides.

A guardian angel is an entity that has never had a human experience. He/she is an entity who has only ever had a life in the spirit realm and will always live in the spirit realm.

So next time your animals are having trouble with health or emotional issues, please remember to call on their spirit guides and guardian angels to help them.

Exciting events coming up

We have a few exciting events coming up for you to take note of.

Workshop 6th June, Kyalami

The very next event is a workshop on 6th June at an awesome cattery in the country. For this workshop we will be focusing on the telepathic link we share with all animals. We will

discover exactly how we can access the telepathic abilities that we were born with and find out how we can use these abilities to communicate on a deep level and directly with the animals we share our homes with.

I ran a private workshop there a few weeks ago and it was such a relaxing, peaceful and beautiful environment to work in with stunning animals.

This venue is in Pony Lane, Sun Valley Kyalami and is open to everyone willing to spend a day with the animals learning to speak THEIR language.

Animal Communication Talk – 7th June, Northcliff

On 7th June I have been asked to give a talk at the Alchemy Fair in Northcliff. I will be speaking at 11:30 and my topic will cover: how animals communicate with each other and how we as humans can develop our own abilities so that we can hear what they are trying to say to us. I will also be talking about how easy it is for our animal companions to misinterpret what we are saying to them and explain how we can give them messages and information that is not confusing to them. I will also be discussing how the animals helped me write my first book “Paws & Listen to the voices of the animals”.

Here is a short press release that was put out by the organisers of this fair.

Jenny has been hailed by the press as “South Africa's Own Doctor Doolittle” She will be taking you on an enchanting journey as she explains in her light-hearted and entertaining way just how animals communicate telepathically with each other and how we can re-awaken and develop our own telepathic abilities so that we too can tap into the thoughts and feelings of our own animal companions and be able to communicate with them on a much deeper level.

This is their birthday fayre so please support them on 6th & 7th June. I would love to see you there and will be available to chat with you after my talk on 7th so please join me and let's make this event one to remember.

Intense and informative workshop – 13 and 14 June, Northcliff

This next intense and in-depth workshop is being held on 13th and 14th June at The Alchemy Esoteric Shoppe and Wellness Centre in Northcliff (the same venue as the Fayre)

This workshop will open a whole new world for everyone taking part. It will take you on a truly magical journey. We start with the basic art of communicating telepathically with all animals and move on to the much deeper aspects of finding out how to track lost animals using telepathic techniques. We will also focus on intuitive medical body scanning.

You will learn how to apply your telepathic skills to your everyday lives and in doing so will dramatically improve the quality of life of the animals around you. You will also develop a very much deeper connection with your own animal companions.

It is not very often I run a two day workshop in the Johannesburg area so this is a not to be missed opportunity.

Big Cat Telepathic Communication Workshop – 30th June and 1st July, Stanford

Here is the workshop that you have all be waiting for. It is a workshop is for those of you who have always wanted to communicate on a deep level with wild animals. We will be spending two amazing days connecting with these awesome animals.

This workshop will be held at Panthera Africa Big Cat Sanctuary in Stanford, Western Cape.

Have you ever wondered what the difference is between the domestic cat and the wild cat (or big cat as we know them)? Here is your chance to find out.

There are some similarities between the domestic and the wild cat character wise, however the energy of both is very different. On this workshop you will find out how the two energies differ from each other and how they are very similar in other areas.

Panthers Africa Big Cat Sanctuary is a totally ethically run establishment with no breeding programme or cub interaction. All the Big Cats have been rescued from various places and have found a safe haven at Panthera Africa.

Please go to their website or contact them at info@pantherafrica.co.za for more information on accommodation options for the workshop and to get more information on their sanctuary and to find out how you can possibly help them.

For information on this workshop please contact Sammy on sammy@animalhealing.co.za

Workshop in aid of Weimaraner Rescue of South Africa – 1st August, Pretoria

Pretoria people here I come. It seems like a very long time ago since I held a workshop in Pretoria. However, not to worry. I will be there on 1st August so there is plenty of time for you to prepare for this one.

We will hold this workshop at Plantland Olympus in Atterbury Road, Pretoria East. This workshop is in aid of the Weimaraner Rescue of South Africa. Join us in support of these amazing dogs.

This experience will open up a whole new world between you, your animal companions and all other animals you come in contact with. With practice you will be rewarded with a much deeper understanding of their needs and the messages they are conveying to you on a daily basis. Everyone can learn this skill and no previous experience is necessary.

For more information on this event please contact Bradley on 084 250 1187

For any of the above events you can also contact me directly on jenny@animalhealing.co.za

A snippet from Sammy

Hi beautiful souls. The animal souls I am blessed to communicate with have always shared such profound words of advice and love for me to share with others. Below is a message I received in answer to my question, “do you have a message that I may share with other humans to help them at this point in time?” from a group of cat souls.

“At this point in time you are awakening. You are on this earth at this very moment, not by accident but by design; to awaken and help the earth and everything that resides both within and on her. Be open to your awakening, let go of negativity and allow your imagination free rein in a positive direction. Release the need to say, “but what if...”, and rather say, “How wonderful would it be if...”. Hold nothing back from allowing your creativity to blossom and grow. Everything begins with an idea, that is your creative manifestation at work and the more you can allow yourself to imagine positively, the easier and likelier the possibility of that very thing coming into being, into reality.



Honour and respect are important. First understand what these two concepts mean and then apply them. First to yourself, then to the earth beneath your feet; to the air you breathe; to the water you drink; to the animals you share your home with; to the creatures who come into your sphere of attention (even those you may consider pests); to the plants who share your home, your garden and whom you pass by wherever you go.

Open your eyes, your heart, your mind, and most importantly learn to open your ATTENTION. Take a moment, stop, breathe in deeply and look around, really look around. Then simply say thank you to everything you see. That is the first step.”

In closing today, Jenny suggested that I include a card drawing. The two cards are drawn as a message of support and love from the universe to all who read this newsletter, and are included at the end of the newsletter.

Looking forward to meeting new friends and greeting old friends at the Panthera workshop in June / July.

All my love
Sammy

Blasts from the past

Does anyone remember these amazing guest speakers that joined our workshop quite a few years ago?



The first one is of Penny who crossed over a while ago due to biliary. Here she is with Tootsie communicating with this group of awesome people during one of our very first workshops. Penny and Tootsie always got good results from the people they connected with. They were always so open and ready to chat.



This is Patricia. What an amazing lady she was. Before we started this workshop I left the sprinkler on and when we came out to connect with Patricia we found her jumping through the sprinkler. Such a character.

On the right is Vista. She lived about a kilometre away from where I live and on this morning I found her waiting at the gate and when the first car arrived, in walked Vista ready to be out guest squeaker. Everyone loved her and she loved everyone (especially the ones who gave her Marie - biscuits).



Animal Message Cards.

Now remember in the last newsletter I asked if any of you would be interested in having one of your animals choosing an animal message card to put in the next newsletter?

Well we don't only have one animal. We have two animals wanting to have their cards put into this newsletter:

Marishka's beautiful dog Tajha was the first animal to come in and choose a card. Tajha who is now in spirit form and was always such a gentle, loving, protective and extremely wise dog. This is the card that Tajha chose for this newsletter.



The next animal to choose a card was Gail's cat Ollie. Ollie is a lovely cat who is extremely sensitive and sometimes can be a little emotional.



A big thank you to Tajha and Ollie for participating in this newsletter

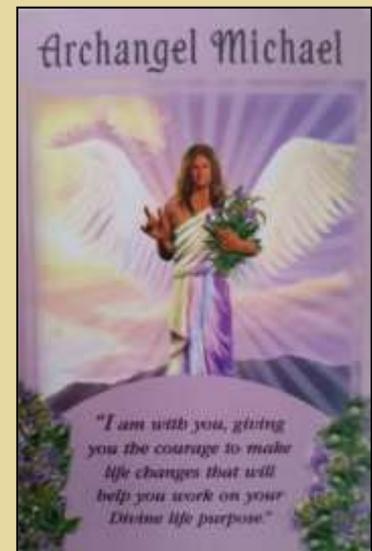
Angel and Animal Spirit Guide Card Drawing

Drawn as a message of love, support and guidance from the universe to all those who read this newsletter.



From the deck, "Messages from our animal spirit guides". Part of honouring and respecting ourselves is learning to find peace within. Do you have a small area in your home where you could place a candle, a beautiful cloth, a plant, and perhaps a sacred ornament? Could you take five minutes a day to sit in your quiet spot, light the candle, and focus on your breathing? Our reality starts with how we think and feel inside ourselves, and creating a sacred space for ourselves can help us find peace, stay positive, and keep the faith no matter what may be happening around us.

From the deck, "Messages from your angels". Archangel Michael is reminding us that he is always with us, ready to help us, guide us and protect us. All we need to do is ask. Archangel Michael is the angel of protection and you can call on him anytime to surround yourself, your loved ones, your animals, your home and possessions in his protective light. He can also be called upon to use his sword of truth to cut away any negativity surrounding you and yours, as well as any cords that keep you locked into a negative situation, to help release you and see the truth and your path forward.



Until next time, look forward to seeing you and meeting you at the workshops and events

Wishing you angels of love and light

Jenny, Sammy and the animals

