



Newsletter - May 2014

Hello Everyone,



I hope all of you and your animal families have had a lovely, safe and happy Easter break.

I thought I would share with you a little about MY animal family. I am always so amazed by the different personalities and characters of every animal I come in contact with. I am lucky enough to live with a huge number of different species of animal. I can tell you that I am always amazed at what the animals have to offer us. As I walk around my garden, house or paddock I am surrounded by the most amazing little balls of personality. There are some serious ones, some light and playful ones, some are quite mischievous and like to tease and some that are a little more bossy and controlling than others. Some of them are also quite highly-strung and flighty. There are no two animals with identical personalities. Whatever way I look at them each and every one is unique, special and has a LOT to offer in the way of wisdom, teachings, love and fun.

People very often ask me which animal or species is the easiest to communicate with. Well, in my experience it is not about which species is easier to talk with. It is about the specific "soul" of the individual animal you are connecting with. As with the human race, some people are easier than others to talk to while others are more closed and not as easy to get along with. I find this the same with the animal kingdom. You might find one dog very easy and open to talk to yet another dog might be closed and private and not open to having a conversation with any human. This goes for cats as well as horses or any species of animal for that matter.

When I walk amongst the 14 animals I share my home with I realise just how lucky I am to have this opportunity of getting to know each and every one of them on such a deep soul level.

It is exactly the same with the animals you share your lives with. They too have individual personalities and unique characters. They are not just animals that we love. They are a huge part of all our families. In actual fact I would far rather go without air than without my animals around me. We love them, respect them and need them in our lives. It is so important for us to tell them this often. Some people say to me "My dogs know exactly how much I love them". Yes they might know this but they still need to "hear" you say it often.

I find (looking at my animal family) that although most different species keep to themselves most of the time, they do also communicate with each other across the species. For instance, I notice on many occasions Merry, the pig, gets very excited as we are dishing up supper and often shouts for the horses and donkeys to come for supper. Red, my big horse, will then tell her to stop squeaking because it irritates him and he already knows supper is on its way, she doesn't have to yell at him.

Similar conversations go on between the cats and the dogs on a daily basis. Usually the dogs are telling the cats not to come in yet because they want to eat first and only once they have finished are the cats allowed to come for their food. The dogs can be a little bossy at times. Sometimes the cats actually tease the dogs. They think it is very funny when the dogs get annoyed at them.

Sometimes the cats even become grumpy with each other and this is when Isis separates them by sitting between them until they have calmed down. As shown below.



The time we really stop taking our animal companions for granted and start seeing them and acknowledging them as "soul beings" and not just cuddly furry pets, is the time we really enjoy them even more and we can start to understand them on a whole new level. This is when their personalities REALLY start to shine through.

I have some interesting personalities amongst the horses and donkeys too. Most of the time they are extremely soft and gentle (especially the donkeys). The horses I find a little more serious minded than the donkeys but also amazing to spend time with. However, bring out a bunch of carrots and all hell breaks out when these intelligent, playful, sweet and understanding animals turn INSTANTLY into whirl-winds of gnashing teeth, trampling hooves and demanding beasts all competing for the biggest carrot.

Even little Henry the miniture mule comes storming out from the centre of the herd with his teeth bared and his ears flat back trying his best to intimidate us. You would never think that such a small and sweet animal could tranform into an evil scary beast. I always tell him that I am not going to give him his carrot until he takes off his grumpy face and puts a smile on his face. This usually works.

The highlight of Henry's day is when he teases the neighbours dogs. I just hear the most aggravating barking coming from next-door. I then find Henry running up and down next to the fence with the dogs (thankfully) on the opposite side of the fence.

When an animal is in the middle of great excitement, it is no use trying to communicate with them telepathically. They will be too caught up in what they are doing that they won't be able to concentrate or hear what you are trying to say to them. The same is said for dogs that are busy fighting. Once they start they go into "pack mode" and nothing will stop them. The best way to handle this I find is the minute you notice a change in their attitude or even just a look in their eye, this is when you stop the situation from developing and (in some cases) use words like "love, relax, be calm, change your mind" and so on. However, if a fight is imminent it is best to use whatever means you have to separate them until the situation calms down. Once they are calm you can then use telepathic techniques to let them know that this behaviour is not acceptable and they need to apologise to each other and be nice with each other.

This sounds easier than it actually is. Some animals will respond immediately, while others might need you to tell them this a number of times before they get the message. Some animals never listen and these animals will then need you to

find out what could have happened in their past that might have led to them becoming aggressive towards other dogs or people.

No animal is ever born aggressive. Aggression always comes from fear or pain. If you can establish where your animals aggression is coming from, very often you will be able to help them deal with this and in time they will become a lot less aggressive. This is where animal telepathic communication is invaluable and extremely necessary for EVERYONE to be able to access their own telepathic channels.

I LOVE my animal family and I love my life. I even appreciate all the grumpiness they sometimes pour onto me.

Animal message

I am going to share with you a short message I got from the over-seeing diva of the animal kingdom.

"Many people have been wondering why over the past few months there have been so many animals crossing over? They wonder if this could be as a result of the negative energy surrounding many humans or if it could be as a result of the positioning of certain planets?

Yes, many souls, both animal & human have "chosen" this time to cross. They all have their own and specific reasons for making this decision.

As we evolve, the energy surrounding us also evolves and we start finding it far more difficult to live in a world where the atmosphere is so heavy, and there is so much negativity surrounding the physical world.

No one ever need feel sorry for a soul who crosses over into a higher and lighter vibration. Why feel sorry for a soul who has been lifted out of the heaviness and into the light? It is always the ones left behind that need the pity.

It is a humans need to always touch, feel and see that hampers them. Once you move beyond this to a place of "knowing" you will be far more accepting and with time and patience you too will be able to feel the presence of your beloved departed animal or human friend. You might even reach a stage where you can actually see them at times.

Some humans are very "stuck" in their belief systems. However, if you let go of your specific belief systems and open your minds to the possibility of anything being possible, you will truly soar with a new and profound energy that will help you discover your true purpose in the physical dimension.

Everything will finally make sense and you and your animal friends will truly be content, happy and alive"

Previous workshops

Pretoria Workshop - 30th March 2014

by Sammy

We had a wonderful workshop on the 30th March 2014 and I wanted to share my animal's thoughts on the day...

Two of my animal friends, Peanut and Abbey, had taken part in a previous workshop a few years ago and since then had occasionally asked when another was going to happen. Early this year, four of my "pack" started to ask in earnest (I have four cats, a dog and a hamster) so I assured them that I would try to arrange a workshop at our house so that they could all take part in it.

I wasn't sure how two of my pack would react, one being my ten year old feral who was domesticated as a kitten and who was still quite unsettled with strangers, and my hamster, who I thought might feel a bit intimidated by a number of strange energies.

My worries were unfounded and as you can see from the photos, it was a fantastic day and lots of fun, especially for my animals. My feral was in the "thick of things" and came out at the right time to share her feelings with everyone, and the hamster... well, he doesn't think he's a hamster and was not concerned at all with coming out of his cage to let everyone see him and communicate with him.



Abbey helped with the exercises (and loved being able to talk to so many)





(left) My feral, Puffin, in the foreground, quite relaxed and happy with everyone. Kiara, another of my cats, is lying down in the background.



(right) Christopher Catt on the trampoline

More of the photos will be loaded to the website, so feel free to go to www.animalhealing.co.za, click on galleries and look on the left hand side of the page, under galleries for Pretoria workshop.

Feedback from my animals after the workshop was really positive and immediate. "When's the next one?" was what I got the next day and often since then!

Private workshop April

Last month I held a private workshop for international jockey Felix Coetzee. It was great spending two days with Felix. He had such a strong connection to all the animals. I was extremely impressed. On the second day I took him to visit the horses at The Highveld Horse Care Unit. He really enjoyed meeting all the horses and the horses all enjoyed meeting him. However, the strongest connection he made was with Timothy one of my donkeys.



Next Workshops

I am very happy to tell you that we will be running another Level 1 & 2 at The Conscious Healing Centre in Fourways. This is an awesome venue for the telepathic communication workshops. The date for this workshop is 31st May &

1st June. Some of the participants will be invited to bring their animal companions to join us for the day.

On the 31st May we will be doing the Level 1 Animal Telepathic Communication workshop and for those of you who have been waiting for the Level 2, this will be run on 1st June.

This is your opportunity as we don't run many Level 2 workshops during the year. Once you have completed the Level 2 you will be able to take your communication skills to a whole new level and start helping other animals who need it.



Please see the attached poster for all the booking details.

Botswana

I am in the process of gearing up to go to Botswana to run a two day animal communication workshop on 28th & 29th June 2014 If any of you living in Gaborone are interested in taking part please contact me directly on jenny@animalhealing.co.za and I will send you all the information.

Until next time

Jenny, Sammy and the animals

