



The Animal
Healing Centre

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Hello Everyone!



Jenny

Next Workshop - Higher Techniques of animal communication (Level 2) is on 19th November in Centurion. Please book now to secure your place.

I am back from my UK trip!
What an amazing time I had!!!

I started my trip at Monkey World visiting Oshine, an orangutan I have known since she lived in South Africa some years ago. Have any of you seen Animal Planet? Monkey World is regularly featured on the channel. They have had the complete series of Oshine's arrival and introduction to the other orang-u-tans. Jeremy has been looking after her. What an amazing person he is. So much compassion, knowledge and love for all the animals at Monkey World.



Oshine

I spent three entire days with Oshine and was pleased to find that she has been given the duty of looking after the babies in the nursery. She is in her element and LOVES the babies. She is still a little intimidated by the adult Orang-u-tans. They are SO big and can move so fast. Jeremy tells me that only when SHE feels ready will he put her with the

gentlest of the adults. Everything is done in HER time and only when SHE is ready. They have so much respect for the animals living there.

Every moment that she wasn't staring at me (yes she did recognize me) she was looking after a VERY cute baby called Sylvester (as seen on right).

Due to the fact that she grew up in a home with a family, she walks up-right like a person. She hasn't yet figured out that orang-u-tans walk on all fours and possibly never will. She spent a lot of time walking around hand in hand with Sylvester just like a mother with her child.



If she felt he had been high up on the jungle gum playing for long enough, she would climb up and bring him down. When they brought his bottle of milk and her juice, she would first feed him his bottle before drinking her juice. It was quite amazing to watch them interact! Orang-u-tans are such gentle souls. Unlike the chimps, baboons and gorillas which can be quite aggressive animals in nature. Very much like us humans.

As she is now in Orang-u-tan land they are trying to get some of her human behaviour out of her system and trying to establish her Orang-u-tan behaviour. This means no one is allowed to go in with her or even very close. Jeremy goes in with her so that she still has some human interaction. He has to give her any medication or anything else she might need. I couldn't go in with her but she spent a lot of time blowing kisses to me while I sat near her and chatted with her. Although she misses her human family, she was SO proud of her job and is very happy living there.

She has been on a very healthy eating plan (we don't use the D word) and over the year that she has been there has lost a staggering 25kg. Go girl go!!!

Being at Monkey World and seeing all the rescued apes has re-confirmed to me how crucial it is that we NEVER bring any wild animal of any kind into a domestic household. Yes we do it because we love them but is it really fair on THEM? Ask yourselves - What is love? In my opinion love is being able to allow an animal or person to be who THEY are and not try to change them to be what WE feel they should be. Another question - Where did the animal come from? Very often the wild animal is stolen at a very young age from its mother. It is ripped from the family it knows and the environment it is used to and taken into a situation of fear, loneliness and depression so that an unaware human can buy it and bring it up in a domestic situation. Very often once it grows up and starts showing its "wild self" the people realize that they can't keep it and it either ends up in a zoo or possibly in even a worse situation. Again it is ripped from its family

(human) and taken away from everything it knows. These animals ultimately don't fit in anywhere. They can't be released back into the wild. Where do they go? What happens to them? Think about it!

I was extremely impressed with the programme that Monkey World has for rescuing animals and rehabilitating them. They have centres all around the world. Please support the rescuing of wild animals.

There is so much more I could tell you about this amazing place but time is running out so I will tell you about the next part of my trip.

My sister and brother in-law came to fetch me from Monkey World. It took us three hours longer to get back to their home than we expected because of "road works". Imagine going to England and finding road works? I thought South Africa was the capital of "road works???"

I had a lovely visit with Sandra, Mike and their cat Tanzi.



Tanzi

Tanzi, by the way, is getting on very well with the next few chapters of the book Sandra is helping him write. He has had a bit of writers block lately but is on a roll again. Yes, cats do get writers block but they will NEVER admit it. They will always just say that they have been too busy to write.

I will keep you posted on the developments with Tanzi's book. It should prove to be quite entertaining! (In a cat sort of way)

The day before flying home Sandra and I spent the day at the Raptor Centre. It was stunning to be near all the raptors. One thing I learnt from them was that "birds don't actually like to fly" The only reason they fly is to hunt and catch food. This just shows how the humans mind gets in the way of understanding the animal kingdom as it really is. I always thought that it must be an amazing experience to be able to fly. Birds must LOVE it?

When you look at the sky - how many birds do you see flying around? Exactly! None! Except for the ones looking for food.

This stunning ladies name is **Crystal**



While I was in England Sandra also took me to meet a client of mine who lives quite near her. His name is Freddy and he lives with a kitty called Sam. It is always so special to meet the animals that I have been working with and have never met.



Freddy



Sam

We had a lovely tea party with them and their Mom Lindsay.

It is always so interesting for me to see how the animals in other countries relate and react as opposed to the animals in S.A. The animals in S.A behave and relate very much like the people in S.A and the animals in UK behave very much like the people in UK. I have even found slight differences between the animals living in Natal, the Cape and Transvaal. This just brings me back to the realization that the animals we share our homes with pick up our behaviour patterns. If the human is laid-back and relaxed, the chances are that the animal will also be laid-back and relaxed. If the human is angry, more than likely the animal will also be angry.

Time really does move so fast. I had so many stunning experiences and within the blink of an eye, I was back home at my desk as if nothing had changed. "Oh how I need a holiday!!!"

Two days after my return we started the ESP animal healing course. The group of ladies attending are such powerful healers. I am really looking forward to having them join our group of animal healers. NOWHERE does it say, or should it say, that just because you are learning you shouldn't have fun. There needs to be an element of fun in everything you do otherwise there is really no point in doing it! This is a lesson I learnt a long time ago from a dog I spoke to.

I am learning SO much from this group of amazing people.

Remember - Every learner is an educator and every educator is a learner.

Animals and Fireworks!

November approaches and we are almost upon "Guy Fawkes" time. PLEASE give a thought to your animal friends. Not only the animals that share our homes but the wild animals that surround all of us.

At this time of year our trackers are EXTREMELY busy. They spend all their time trying to track all the animals that go missing due to extreme fear because of the direct result of fire-works.

Some animals are found and brought home safely but suffer long term severe trauma but many animals are *never* found and returned to their safe homes while other are involved in accidents which lead to them crossing over.



Please don't let YOUR animal be the next statistic on our busy roads. Give them the protection and love they so willingly give you. Let us not be the reason their worst nightmare comes true.

Spread the word and make a difference. The animals are counting on us!!!



From Sammy

I have been privileged of late to communicate with several souls of animals that have crossed over. Still grieving after months, sometimes years, since the passing of their beloved animal companion, the humans all wanted to get a message from the soul of the animal they once knew, and find out if they were remembered by the soul of the animal, and if the souls of the animals were still watching over them.

It was an incredibly moving and enlightening series of communications and I feel urged to share some of the information I received regarding the process of crossing over.

So often during communication sessions, I am reminded that animals are so much more connected to the true meaning of life on earth, that they hold a clearer vision of what our collective purpose is. One effect of this is that all animals know when their time of passing is coming, even those that happen

seemingly "by accident". Animals are often telling me that there is a greater plan to everything, and that nothing is by accident, absolutely everything that happens is part of this greater plan.

Another surprising, and comforting thing I have learnt over the years, which has been told to me many times, is that the souls of animals that cross over as a result of traumatic and possibly painful events, will leave the physical body prior to the painful event or series of events occurring, as it is not meant for animals to carry the memory of pain with them across lifetimes. The only reason for their physical bodies going through such painful and traumatic events is to help humans learn lessons. It is the humans around them, and the humans that hear of these traumatic events, that absorb and accept the lesson that these situations are meant for.

The moment of death is a great release for the souls crossing over, and I've been told it is the same for humans. Released from the lower physical vibration of this earth plane, souls experience a sudden freedom and lightness. A portion of their soul will always return, in spirit, to the humans they loved and spent their last lifetime with, and will stay with those humans in spirit form, acting as guide and "angel", while other parts of their soul will move on to other lifetimes and other humans.

The souls of animals do not stay with one human family. Across lifetimes, they will often come back in many forms to the same family, but will also have the same special connection to several other human families. This can also happen in one lifetime, where an animal has chosen to share his life with more than one family, and halfway through his life, may leave the one family, having completed what he came to do with them, to move on to another human family, one that he may also have shared lifetimes with before.

One thing that I am often asked to share with humans is that animals, especially at this point in time, are taking large portions of negative energy with them at the moment of their crossing over, either from their humans or from their environment. This leaves a space, and they ask that we focus on filling these spaces with love and happiness, not with sadness, fear and loss. So when you feel this empty space, feel the emptiness inside you and around you at the moment of their crossing over, they ask that you think of the fun and love you shared with them, and let these thoughts stay with you for a while, as these thoughts will generate the love and happiness to fill that space.

In closing, grief is a process that even animals feel, but they can teach us much in how they feel it, move through it, and let it go.

The animals often say how the human negative emotions that we often attach to grief, like guilt for not having done enough, depression, anger, hurt etc., often

blocks their attempts to get us to hear them and feel them in spirit form. These negative emotions are not part of the grieving process and by feeling them, we are not allowing ourselves to reconnect with our animals. Our animals are there, they keep trying to connect, but we have often unwittingly blocked them through feeling these negative emotions, we are only harming ourselves. They say there is no need for guilt, depression, anger... where they are, there is only love, forgiveness and compassion. They ask that we let these feelings go and focus on the loving, happy memories we have of our time with our animals while in physical form. This will help them to make a connection with us again, and we will then start to feel them around us once more.

With love and light

Next Workshop

Our next workshop is the 2nd Level of Animal Communication - the Higher Techniques Workshop. It is planned for the 19th November in Centurion, venue still to be advised. This will be our last workshop for the year, after which we will have our Christmas Party on 4th December.

If you haven't done the Level 1 basic workshop but would like to attend the Level 2, our Level 1 home study course is available which can be done over the next few weeks before the Level 2 workshop.

Reminders

Please remember your animal friends this coming festive season, both in terms of fireworks as well as in planning for holiday. Let their December be a happy time as well, not filled with confusion and uncertainty and unhappiness. Prepare them for your holiday trip, prepare them for noise, visitors, visits to kennels etc.

Wishing you well in love and light

Jenny, Sammy and the Animal team.