



The Animal
Healing Centre



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2014 September Newsletter

Hello everyone,



I hope you have all survived the cold winter weather and are ready to start the summer with new and improved energy.

As I write this newsletter I look outside. The sun is shining, the grass is slightly damp as a result of a light drizzle last night. There is just a hint of green on the grass and some new little buds starting to show on all the plants. Spring is here and I LOVE it! I love to see all the new and fresh growth on everything around me. Even the donkeys have "spring fever" They come out of their stables in the morning with a total zest for life and run circles of happiness all around the paddock.

Even the cats are up early sitting in the sun preening themselves.

In keeping with spring fever I decided to write a little bit about the energy of the animals and their human companions.

Animals and Energy

Every living thing has an Aura, in other words plants, animals and humans all have an auric field surrounding their bodies.

This is known as an electromagnetic field which surrounds the physical body (Aura). It is the Aura that supports the physical body. If you can keep the Aura strong and healthy, you can very often prevent disease from manifesting into the physical body.

When a pregnancy occurs in a human or an animal the first thing to appear is the Energy Field (Aura) and once the energy field is in place then the Soul can enter. The Soul often enters and leaves the energy field a few times before finally deciding to settle.

The same applies when a Soul is preparing to leave the physical body to cross over. Very often when someone is kept on life support machines, the Soul has already left and the machines are only keeping the physical body going.

There are also many reasons why animals get sick just like their human counterparts. When the energy field becomes weakened it leads to illness manifesting in the physical body.

The energy fields become torn, perforated, damaged and weakened, which can be caused by a number of things. Only some of these are within our control. For example some of the things that are out of our control are the inheritance of genetic coding that directly effects the functioning of the immune system, or the body's coping abilities to deal with stress.

Animals experience stress in many different ways, just as humans do, though an animal's experience of stress is far more detrimental to them than it is to humans. This is because animals lack the ability to process those stresses that affect their lives, and so they often react to change through fear and anxiety.

Animals come into our lives often to assist us with lessons and experiences, even healing us on an emotional level. In doing so, they often take on our stresses and health issues.

You will often notice someone on medication for arthritis will have a dog also being treated for the same ailment. On occasion you will even find the problem seen in the animal before the human.

So called problem dogs often come out of homes where there is a lot of stress and bickering. As they lack the ability to process their fears and anxieties. This can later result in diseases or certain behaviour issues. For this reason it is an excellent tool to be able to telepathically communicate with animals and find out all the stresses that they are feeling so that we can help them process this out of their system.

By being able to see the Aura, cleanse and balance it, you will be able to remove any problem areas before they manifest as disease in the physical body.

Animals that experience long term repeated exposure to physical abuse, negative thoughts and energies, and non-positive emotions from their care-

takers can result in severe damage to their Auric Field. This lack of harmony in their lives produces a continuous stressful existence for them.

Trauma to any part of the body can de-rail the Life Force Energy within the animal, affecting the physical body on a cellular level, and the Etheric body on a psychic level

Although animals don't as a rule take drugs or alcohol, some animals are dependent on drugs to manage debilitating diseases in order to survive. These include Diabetes, Addison disease, Thyroid disorders, Chemotherapy, Arthritis to name just a few. Although necessary these drugs are foreign and still need to be processed by the metabolism specifically the Liver Kidneys etc. Taking drugs on a long term basis can sometimes have a toxic effect on the physical body, and then also have a damaging effect on the ethereal body.

Another issue can be second hand smoke, which can be just as damaging to animals as it is to us humans. Fortunately we have the ability to request that someone not smoke in our house, car etc. Animals don't have this luxury; they are forced to inhale our second hand smoke, which can lead to a lasting damaging effect to their auric field.

Being exposed to noxious substances where we work or live unhealthy living, poor nutrition, lack of exercise, confinement to small spaces and lack of love can all have a harmful effect on any animal.

All the previous mentioned conditions lead to holes in the Aura which in turn leads to energies leaking out and causing tiredness. Not to mention being then more vulnerable to the effect of bacteria and viruses entering the physical body and leading to disease.

Most people, unless they are adept at seeing the Aura, will only see the Etheric Aura, which is closest to the physical body. This layer is VERY important in determining the health of the Animal or Human, Body, Mind, and Soul. You can train your eyes to see the other layers of the Aura so that you deepen your insight into the overall nature of the problem.

The bottom line is - A happy balanced and healthy home leads to happy, balanced and healthy animals -



Meditation with Jazzbo



Keli who is a very good friend of mine decided to "teach" her dog Jazzbo to meditate. Here she shares her experience with us.

This is their story:

I decided that I need to make more time in my day for spirituality and that I would begin with guided meditations at the same time every afternoon to start myself off. So at three yesterday I put the cd in, put my meditation cushion down and lit a candle. "Now what?" said Jazzbo. "We are going to do a meditation", I told him, and folded his blue blanket and put it next to my meditation cushion. I knew it would take a few times for him to get used to it, but was not worried as he is so good when I am doing a healing on someone. He sat down and I sat down, put on the cd and lowered my blinders. A little while later I thought, this is great, I am meditating with my dog.

After a little time I heard scratching and scratching. "Jazzbo", I said, "Stop that, I am meditating". "Itchy dogs can't concentrate", said Jazzbo. So I ignored him and eventually he stopped and I really relaxed.

After quite a long while (the meditation is 30 minutes) I felt a bump on my leg, and noticed it was Jazzbo holding his bone. (He always tries to get us to hold it while he chews it). I gently pushed him away, "Jazzbo, stop, I am meditating", I told him. He just came back with his bone. I pushed him away again, "Jazzbo stop". He stopped.

I relaxed again and all was going splendidly until a bone hit me on the leg and fell between my legs. (He likes to throw things in the air). Jazzbo then leapt on my lap to retrieve it. I picked it up and threw it to the side and said, "Jazzbo, stop it now, I am meditating. Stop throwing that bone!". All I need, I thought, is to get hit on the head by a bone while I am meditating.

Soon I relax again, and after a while a bone come flying and lands between my legs. Enough, I think to myself. I lift up one side of my blinder and look Jazzbo in the eye. "Now look here, I say, "you need to stop this, I am meditating".

Jazzbo looks at me, cocks his head to one side, and says "Really?".

I gave up for the moment.

So I will try again today and see how it goes.

The last couple of meditations, Jazzbo has been very good. This is because it has been cold and I made him a hot water bottle, which is his favourite thing besides bacon. He lies on it and becomes completely blissed out.

The next meditation was going well when suddenly I heard him making choking noises. I got a fright and ripped off my blinders and earphones and turned around. He was sitting on a lounge chair, perfectly fine, looked at me and said, "now what?". After that it went well.

Yesterday I took him for a long walk, and then we got ready for meditation. I put on the cd and my blinders and began. Suddenly he was nudging my leg with his ball. I gently pushed him away. (Clearly the walk had not tired him out, but filled him with more energy). It was quiet for a few moments and then I heard "Squeak, squeaky squeak, squeak, squeeeeeek!", He was biting the ball and making it squeak, which he very seldom does. I took off my blindfold, took the ball away and changed the cd to a different shorter meditation and started again. I was just getting into it when he started barking right next to me, giving me such a fright I jumped. Then I heard the other dogs in the complex barking, and gave up the meditation altogether.

I will keep trying to win this battle teaching Jazzbo to meditate with me!!!

Thank you Keli and Jazzbo. We all look forward to the next chapter in your meditation experiences.

Previous Private Workshop



The most recent workshop I held was a private workshop in Johannesburg. Ilja, Tigger, Morgan and little Olive took part. It was just awesome working with all of them. Tigger and Morgan "above left" injected us with such enthusiasm while little Olive "above right" 'was SO sweet and gentle.

Their human companion Ilja was so incredibly spot on with all her connections. She is going to do extremely well as an animal communicator. I can't wait to see how she progresses from here

Forth coming events

Level 1 & 2 Animal Telepathic Communication Workshop will take place on the 4th & 5th Oct 2014. This workshop will be held at New Acropolis Centre, 411 Vale Ave, Cnr. Oxford Rd, Ferndale, Randburg: Booking forms on request

12th Oct is our annual township Dog show. Please support the animals at Peels farm. This is a dog show with a difference and the dogs will be SO excited to meet as many of you as possible. They love to show off for all of us on their big day.

I can guarantee you that no one will be sad or depressed. You will be amazed at the love you see between the owners and their dogs. Please email me for information jenny@animalhealing.co.za

A Gala Charity Dinner:

Saturday, 20 September 2014 a Gala Charity Dinner will be held at the Rivonia Barnyard Theatre. The show is "80's Rewind" and starts at 18h30 for 19h00. The dress is formal. Tickets cost R425 per person which includes about a 4 or 5 course dinner of specially selected dishes by different restaurants (vegetarian options available) and with each course a superb wine has been chosen especially to accompany that particular dish. So, the person gets a meal, all the wine, and a fabulous show - good value for money when taking all this into account. Our charity "Rainbow Nation Animals" NPC 2014/061358/08 is one of the beneficiaries and as you know, we need every cent we can get in order to sterilise our township animals, and provide primary health care and veterinary treatment when needed. Our bank account details are:

Rainbow Nation Animals, Standard Bank, Meyerton branch, account no.
331898314

You are welcome to make a donation, or if you pay for a ticket, please can they use the reference 'Gala Dinner'.

Any help will be so appreciated

For more information on the Gala Dinner and the township dog show please contact

Helen Taylor
082 553 7700
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The White Lion Message for humanity- shared by Ali Wood



I would like to thank Ali Wood for allowing me to share this next message with all of you:

(It is important to contextualise the message and Ali's connection with the White Lion prior to the event, so the first extract is Ali's personal connection followed by the actual message in bold type)

"Some share the messages of the White Lions with such urgency, but have you ever seen lions respond to anything with urgency? There are times we must act swiftly, often in the darkness, but we do not create chaos. We are masters of Zen, of inner peace, of conserving energy for things that really matter. And yet - you do only have a window of opportunity, and so in some sense these messages are true.

We always exist, this Pride, but to bring something into being means just that - to bring it into the world through our physical beings - and there is only so much we can do from a distance. That is why we came at this time - to leave our energetic paw prints on the earth once more, and to hold and stabilise the sacred energies through the strength of our core, our bodies and hearts.

We cannot be here at all times, otherwise our impact would be nil - so work with us while you can. We are stronger together. Chose the gentle way [he's talking specifically to me in this moment] - you know what strength lies inside gentle souls, and yet they must grow their inner strength before they can fulfil their purpose here, or the energies and fears of others will overcome them.

You speak of our sacred lands, and here we must agree. Survival is the primary instinct on earth, and no being can fulfil their highest purpose whilst they are

fighting to survive. We (the animals) are aware of our diminishing numbers, and so our lessened ability to influence the balance and flows of life. We can take care of our physical and spiritual needs, but we cannot claim the land as humans do, and that is why your reserves and protected areas are so vital to our work. Create safe spaces and fulfil your promises, so that we may fulfil ours, too.

You speak of canned hunting, and that, too, is just a reflection of your society, for while we share the same earth and incarnation none of us is truly free from those who hunt and persecute us. But those who say they cannot understand have forgotten to listen without judgement, because there is always a truth and an understanding in neutrality. You need to be more God-like in your approach - all seeing, all knowing - and still, all loving - for only in understanding will you find solutions.

You see the joy and adrenalin in the hunter as he poses with his "trophies", and sense only his thrill of the chase and the kill. But you do not also see his fear, for he, too, is being hunted - hunted by change, hunted by evolution, hunted by those who chase him with negativity and hatred, and by those who chase him with love - for all can be relentless in their pursuit. Deep within his subconscious he holds a fear - of that which he cannot control, of that which would force him to relinquish all that he thought he was. By taking a physical life, he feels he demonstrates his power and control, and thus silences those fears for a moment in time - yet still we, like you, return to stand for peace once more, and even as one lion passes over to spirit another comes forward to carry the energy of peace - and so it is, through all such times. What would it take for him to release those fears, and give up control of all but himself? We ask you, as you have human minds and perspectives, and so hold the keys to this change.

We stand before you as ourselves. Step into your own magnificence, and let your stories unfold."

Read more of Ali's animal encounters and learnings via her blog below:
www.whispersofthewild.blogspot.co.uk

Final Thoughts

We'd love to hear about your experiences with your animals, please share with us via our facebook or website enquiries page.

With all love and light until next time.

Jenny and everyone at the Animal Healing Centre, and most especially the animals

